



## The Anchors Kitchen

We are committed to providing those in need with nutrition resources.  
Please call 508-627-4368 to learn about nutrition programs you may be eligible for.

### **Tuesday and Friday Lunches**

Lunch is served at 12noon. Please come beforehand to find a seat.  
Exact change is appreciated. No walk-ins.

You must call at least 24 hours in advance to reserve your spot. 508-627-4368

#### Tuesday SANDWICHES

~ with dessert      **\$3**

3/7 Curried Chicken Salad

3/14 Quesadilla

3/21 Fish Cake

3/28 Turkey Gobbler

#### Fish Chowder & Stew



*Get it at the Anchors!*

Thanks to the generosity of  
IGI and the MV Fishermen's  
Preservation Trust

Friday Café      **\$5**

~ with soup & dessert

3/3 ~NO LUNCH~

3/10 Sausage and Pepper Sub

3/17 Boiled Dinner Corned Beef  
and Cabbage

3/24 Meatloaf Sandwich

3/31 Black Bean Burrito

#### **Open Cupboard**

The Edgartown Council on Aging is  
a partner of the Greater Boston  
Food Bank. Income eligible people  
may pickup at the Anchors.

Call Donna to request a pickup date  
and time. We always have an  
assortment of dry, canned, frozen,  
and fresh food items as well as  
toiletries for anyone in need.