



The Anchors Kitchen:

We are committed to providing those in need with nutrition resources.
Please call 508-627-4368 to learn about nutrition programs you may be eligible for.

Brown Bag Lunch Pickup

Tuesdays and Fridays

11am-12:30pm. Exact change is appreciated.

Please call the week before to register. 508-627-4368

Tuesday SANDWICHES

~ with dessert

8/2 Tuna and Egg Salad

8/9 Lentil Quesadilla

8/16 Roast Pork and Cole Slaw

8/23 Chicken Salad

8/30 Ham and Swiss

\$3

Friday Café

~ with soup & dessert

8/5 Mac and Cheese with Cauliflower

8/12 Picadillo and Corn Bread

8/19 Chicken Cutlet

8/26 Broccoli Quiche

\$5