



The Anchors Kitchen

We are committed to providing those in need with nutrition resources.
Please call 508-627-4368 to learn about nutrition programs you may be eligible for.

Tuesday and Friday Lunches

Lunch is served at 12noon. Please come beforehand to find a seat.
Exact change is appreciated. No walk-ins.

You must call at least 24 hours in advance to reserve your spot. 508-627-4368

Tuesday SANDWICHES

~ with dessert \$3

12/6 Fish Cake

12/13 Turkey Gobbler

12/20 Curried Chicken Salad

12/27 Veggie Quinoa Wrap



Sponsored by your local Councils on Aging and the Martha's Vineyard Center for Living. Meals are prepared by the MV Hospital kitchen and delivered by staff and volunteers island wide.

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Friday Café

~ with soup & dessert \$5

12/2 Black Bean Burrito

12/9 OPEN HOUSE ~Chili Bar

12/16 Manicotti

12/23 No Lunch—ECO A closes
at 12 noon.

12/30 Chicken Marbella

Open Cupboard

The Edgartown Council on Aging is a partner of the Greater Boston Food Bank. Income eligible people may pickup at the Anchors on Monday, October 24, 9-11am.

Or, call Donna to request a pickup date and time. We always have an assortment of dry, canned, frozen, and fresh food items and toiletries for anyone in need.