



The Anchors Kitchen

We are committed to providing those in need with nutrition resources.
Please call 508-627-4368 to learn about nutrition programs you may be eligible for.

Tuesday and Friday Lunches

Lunch is served at 12noon. Please come beforehand to find a seat.
Exact change is appreciated. No walk-ins.

You must call at least 24 hours in advance to reserve your spot. 508-627-4368

Tuesday SANDWICHES \$3
~ with dessert

11/1 Chicken Salad
11/8 Ham Salad
11/15 Pan Pizza ~ Meat Lovers
(Vegetarian Option)
11/22 Meatloaf Sandwich
11/29 Veggie Quesadilla

Happy Thanksgiving!

If you are alone or unable to go out, please call your local Council on Aging to reserve your meal no later than November 14.

Sponsored by your local Councils on Aging and the Martha's Vineyard Center for Living. Meals are prepared by the MV hospital kitchen and delivered by staff and volunteers island wide.

Friday Café \$5
~ with soup & dessert

11/4 Beef Stew
11/11 CLOSED
11/18 Lasagna Roll-up
11/25 CLOSED

Open Cupboard

The Edgartown Council on Aging is a partner of the Greater Boston Food Bank. Income eligible people may pickup at the Anchors.

Call Donna to request a pickup date and time. We always have an assortment of dry, canned, frozen, and fresh food items and toiletries for anyone in need.