

February 2022



Edgartown Light as Dawn Breaks



Beach Study with Seaglass

Artist Spotlight: Donna Blackburn

Having grown up in the Southeastern Massachusetts area, I've always been aware of the regions contribution to the fine arts, both locally and world wide. My first art interests developed before I could write my name, and I've continued to cultivate my artwork on many levels.. The artists who have inspired my work are Andrew Wyeth, Edward Seago, John Singer Sargent, Joaquin Sorolla, Winslow Homer, and the French Impressionists, as well as the Post Impressionist painters.

I enjoy working in different mediums. Though I paint primarily in oils and acrylic watercolors, I continue to draw in pencil and ink, create with pastels, and have dabbled in fiber arts and scrimshaw. I have taught art to the young and old, and hope that my love of art has helped to foster the same in others.

My paintings feature the close details of nature, coastal vistas, expressive dawn and sunset scenes, architectural settings, world travel views, interesting still life subjects, portrait commissions, and genre settings. My subject choices are as varied as my interests!

~Donna Blackburn



Island Summer, Captains Houses



Gay Head at Sunset

For more see pg. 6



The Anchors Kitchen

We are committed to providing those in need with nutrition resources.
Please call 508-627-4368 to learn about nutrition programs you may be eligible for.



Brown Bag Lunch Pickup

Tuesdays and Fridays

11am-12:30pm. Exact change is appreciated.

Please call the week before to register. 508-627-4368



Tuesday SANDWICHES ~ includes dessert

Feb. 1 Fish Cake Hoagie

Feb. 8 Curried Chicken Salad

Feb. 15 Egg Salad

Feb. 22 Hummus Veggie Wrap

\$3

Friday Café ~ Lunch TO GO ~ includes soup and dessert

Feb. 4 Pasta Primavera

Feb. 11 Beef Stew

Feb. 18 Chicken Marbella

Feb. 25 Picadillo with Corn Bread

\$5

Programs and Services

Book Talks

Tom Dresser Book Talk - Martha's Vineyard in the American Revolution Friday, February 11 at 1pm. Join us on Zoom and learn more about this fascinating island history, as told by the local author. <https://us02web.zoom.us/j/84344678480?pwd=ZVNiMytUUzRPT2VZbzhWdnBJQWl3Zz09>

Carolyn O'Daly Book Talk –Selected Short Stories Friday, February 25 at 1pm. Carolyn will join us on Zoom and read selections from her books. This is a great opportunity for discussion and laughs. <https://us02web.zoom.us/j/85870435415?pwd=VUxWZE9nVkhMTzFZaUpnai9iWmhOdzo9>

Bus Pass- Island Seniors 65+

VTA Senior Bus Passes are available at the Anchors for \$40. New this year, your pass is good for 365 days from the first time you swipe it, regardless of purchase date.

Conversation Group

Conversations on Zoom during pause. Thursdays, February 10th and 24th at 1pm. Come with an open mind and something of interest to share. Please call Meris for more info and to register. Click link to join Conversations. <https://us02web.zoom.us/j/83487396005?pwd=djlNNlhwdXdkSTI3RTJKUEp5TVhLdz09>

Exercise & Wellness

Mindfulness Meditation with Ed Merck on Zoom Fridays, 9:30-10:30am, is an experiential-based study group that uses guided meditation, silence, and voluntary participant sharing to explore the principles and practices of mindfulness meditation. Students of all levels - including beginners - are welcome. Email mkeating@edgartown-ma.us to register.

Tai Chi with Nan Doty Wednesdays, at 9:30am. \$10 session.
Yoga with Carol Vega Tuesdays at 9am. \$10 session.

Free Tax Preparation

The Free Tax Preparation from AARP Foundation Tax Aide will be providing tax prep for the 2021 tax season. See page 4 for more info. Please call to register. 508-627-4368

Community Action Committee of Cape Cod and the Islands offers free tax preparation to residents of Martha's Vineyard. Please call to register and for more information. <http://www.cacci.cc/> 508-771-1727 ext. 200 372 North St., Hyannis, MA

Games

All games are on hold during our in-house programming pause. Please sign up for ECOA email updates or call the Anchors for the latest.

Knitting & Needlework

Knitting and Needlework meets Mondays at 3:30pm via Zoom. Click link to join. <https://us02web.zoom.us/j/81981650378?pwd=YzRXTzhtVmdOZW9BWmRVamlabTJEUT09>

Knitting for Charity Tuesdays from 10am-12noon. Meeting on Zoom until BOH guidance changes. <https://us02web.zoom.us/j/87367964202?pwd=MWV3bkhTcGpGdTdqMnRaTotsZ2ZzQT09>

Music

Michael Haydn Piano Voice Guitar. Zoom performance on Friday, February 4th from 1-2pm. Please join us as we welcome Michael to perform a small selection from his extensive repertoire. <https://us02web.zoom.us/j/86444970567?pwd=QzNpTjNLSTdUVkNXVkVOZWtXb2p3QT09>

Music

Adele Dreyer on Piano via Zoom Join us on Friday, February 18th at 2pm for your listening and lounging pleasure. Bring a project, your pet, or a cup of tea and just relax while listening to the musical stylings of this lovely pianist.

<https://us02web.zoom.us/j/86051857111?pwd=SodxWHR4aWsxVWt6cERWNCttWldLUTo9>

SHINE

SHINE counselor Bill Glazier is available by appointment for phone consultations.
508-627-4368

Tech Help

Cell phone/ device/ laptop help.

Tuesday, February 15th from 11am–12noon. Does the thought of using your cellphone or other device send chills down your spine? Don't fear! The ladies at the Anchors may not be technology experts, but they promise to be calm and patient while showing you some great uses for your devices (other than a paperweight). Call to register.

Wellness Clinics

Shawn Woodbrey hearing aid specialist. Shawn will be at the Anchors on Monday, February 14th. Second Monday of the month, beginning at 9 am. Hearing tests are 30 minutes; general ear check and hearing aid checks are 15 minutes. No cost. Call Meris to schedule an appointment. 508-627-4368

Wellness Clinic with Town Nurse Lila

Fischer Wednesday, February 2nd from 11am-12noon. Please call to register. Wellness Clinics will be held on the first Wednesday of the month from 11am-12noon. 508-627-4368.



AARP TAX AIDE PROGRAM

Volunteers, certified and trained under the AARP Tax Aide Program, will again offer free income tax preparation assistance for taxpayers, with a special emphasis on taxpayers sixty and older. To ensure the safety of our community during the coronavirus pandemic, assistance will largely be provided remotely. Interested taxpayers should call the Councils on Aging for appointments and information packages. Taxpayers must complete questionnaires, and provide all relevant tax documents at the time of their appointment.

For further information and to schedule an appointment:

FEB 18 & MAR 18

Edgartown Council on Aging

Meris Keating

508-627-4368

FEB 25 & MAR 15

West Tisbury Council on Aging

Joyce Albertine

508-693-2896

MAR 1 & MAR 22

Oak Bluffs Council on Aging

Rose Cogliano

508-693-4509-3

MAR 8 & MAR 11

Tisbury Council on Aging

Joyce Stiles-Tucker

508-696-4205



The Greater Boston
FOOD BANK

PROUD
MEMBER AGENCY

Did you know that the Edgartown Council on Aging is a partner of the Greater Boston Food Bank?

Each month we receive a generous shipment of fresh, frozen, non-perishable, and personal care items. If you would benefit from any of these, please call 508-627-4368 to arrange for pickup.



February 2022

To register, or learn more about programs at
 The Anchors,
 Call 508-627-4368
 ~or email~ mkeating@edgartown-ma.us

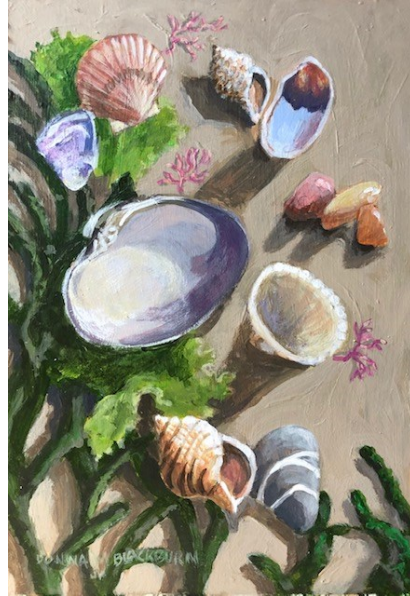
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 Yoga with Carol Vega 10 Knitting for Charity	5 9:30 Tai Chi	6 9:30 Poetry	7 9:30 Mindful Meditation 1:00 Michael Haydn
7 3:30 Knitting and Needlework	8 9:00 Yoga with Carol Vega 10 Knitting for Charity 11-12:30 Brown Bag Lunch Pickup	9 9:30 Tai Chi	10 9:30 Poetry 1:00 Conversations	11 9:30 Mindful Meditation 11-12:30 Friday Café To-Go 1:00 Tom Dresser Book Talk
14 9:00 Hearing Wellness with Shawn 3:30 Knitting and Needlework	15 9:00 Yoga with Carol Vega 10 Knitting for Charity 11-12:30 Brown Bag Lunch Pickup	16 9:30 Tai Chi	17 9:30 Poetry	18 8:30 ECOA Board 9:00 TAX Drop-off 10:00 Mindful Meditation 11-12:30 Friday Café 1:00 Adele Dreyer Piano Lounge Hour
CLOSED FOR PRESIDENT'S DAY 	22 9:00 Yoga with Carol Vega 10 Knitting for Charity 11-12:30 Brown Bag Lunch Pickup	23 9:30 Tai Chi	24 9:30 Poetry 1:00 Conversations	25 9:30 Mindful Meditation 11-12:30 Friday Café To-Go 1:00 Carolyn O'Daly Book Talk
28 10-12 Open Cupboard 3:30 Knitting and Needlework	 Happy Valentine's Day.		"But we loved with a love that was more than love..." ~Edgar Allan Poe, "Annabel Lee," 1849	PURPLE= ZOOM GREEN= AT THE ANCHORS BLUE= OTHER LOCATION

Artist Spotlight

Donna Blackburn



Edgartown Yacht Club



Low Tide Treasures



Oak Bluffs Cottages



Oak Bluffs Cottages II



Oak Bluffs Cottage detail

Let's plan a trip!
Boston's Museum of Fine Arts,
followed by the afternoon in
the Back Bay
**Wednesday, May 4,
2022.**

ITINERARY

7am Group meets on 7am ferry in Vineyard Haven (purchase own tickets)

7:45 Board Cape Destinations bus in Woods Hole

10am Drop-off at Museum of Fine Arts. 465 Huntington Ave

12pm Pick-up at MFA

12:15 Drop off at the Boston Public Library. 700 Boylston St

3:00pm: Meet bus at 700 Boylston Street

5:00pm Ferry Home (VH)

To register, call

508-627-4368 or email

mkeating@edgartown-ma.us

PRICING

Bus (includes 20% driver gratuity) and museum entry: \$50 (Lunch and Boat tickets on your own)

Payment should be made by check only to: **Friends of ECOA Travel Account**

Your payment reserves your space! Mail checks to: ECOA ~ P.O. Box 1295 ~Edgartown, MA 02539

ECOA trips are subsidized by the Friends of ECOA.

Age requirement is 55+.

Minimum number for the trip is 25, maximum 50.

First come, first served basis.

ENTERING

EST.



1630

BOSTON

IMPORTANT

As of January 15th, 2022, The Museum of Fine Arts requires proof of vaccination for all visitors. The same is true for all for restaurants, bars, and many other indoor venues. Please plan accordingly. Additional guidance and resources can be found at: <https://www.boston.gov/departments/mayors-office/introducing-b-together>

DEADLINE

Payment due at sign-up. **Sign-up by Wednesday, April 27th no later than 4:00 p.m.** There will be no refunds given after 4 p.m. on the deadline date. If you cancel after the deadline, you may have a friend or family member take your place. If, as of the deadline, the required minimum of participants has not been met, participants will be notified and your check can be picked up at ECOA.

Board Members

Rosemary Cunningham, Chair
Marvene O'Rourke, Co-chair
Nancy Ignacio
Heidi Boyd
Jay Sigler
John Dropick

Thank you, Board Members, for your hard work and dedication!

EOA Staff

Donna Paulson, Receptionist, 210
Diane Wall, Cook
Victoria Haeselbarth, Outreach Worker, 215
Meris Keating, Director of Senior Services, 214
Lyndsay Famariss, Administrator, 213

Book Talks in February

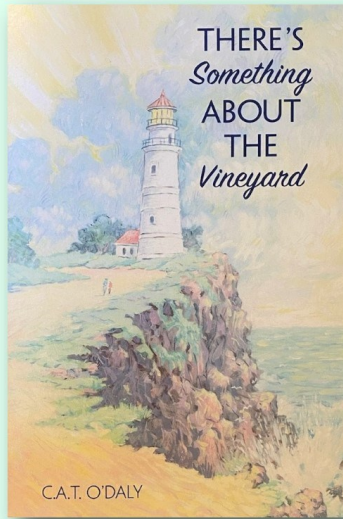
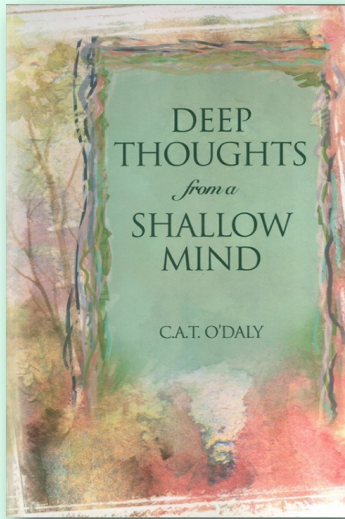
Book Talk

with author Carolyn O'Daly.
Presented by The Anchors



Friday, February 25th at 1pm.

We invite you to join us for what is sure to be a good time. Carolyn will join us to read and discuss a selection of hilarious and often relatable short stories from two of her books.



Please email mkeating@edgartown-ma.us to register and receive a Zoom meeting link

Tom Dresser joins us to discuss his latest book. Friday, May 11th @ 1pm.

MARTHA'S VINEYARD

IN THE

AMERICAN REVOLUTION



THOMAS DRESSER | Foreword by Matt Tombers, Manager, Edgartown Books

Disclaimer:

The Edgartown Council on Aging offers many legal, financial, recreational, medical screening or other services and/or activities by volunteer or nominal cost practitioners. Seniors participating in these services do so with the understanding that the Edgartown COA, the Town of Edgartown or its employees do not assume any legal responsibility for any advice or services rendered by such volunteer or nominal cost practitioner. Any act, advice, or service by outside providers at the COA is neither endorsed nor sponsored by the COA.

